Pediatric Leber’s Hereditary Optic Neuropathy (LHON): Real-world efficacy results following long term idebenone treatment

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Background
- LHON results in bilateral, severe central vision loss, and is caused by mitochondrial DNA mutations.
- LHON is typically diagnosed between 15 – 30 years of age, although it can be detected earlier.
- Idebenone, the only approved treatment for LHON in Europe[1] has been shown to be efficacious and safe in a large proportion of adult patients, but pediatric data is limited.
- Pürringer C. et al. [2] observed good safety in 32 LHON patients between 4 and 16 years of age, treated with idebenone (300 mg three times a day) under real-world conditions. Patients below the age of 12 seemed to have better efficacy than patients between 13 and 16 years of age. Erdoir Z. et al. observed improvement of visual acuity (VA) and visual fields in a 10 year old female treated over 12 months with idebenone (900 mg/day)[3].

Objectives
To investigate the safety and benefit of long-term idebenone treatment on the VA in pediatric patients treated under routine clinical practice in an Expanded Access Program (EAP)[4].

Methods
- Retrospective medical chart analysis of patients who were under 12 years of age at start of therapy
- All patients received idebenone 900 mg (Raxone® 150 mg tablets) in 3 divided doses through a Named Patient Scheme under routine clinical practice
- VA expressed as logMAR; all Snellen converted VA > 1.68 logMAR and off-chart values are imputed to 1.8 logMAR
- Safety measured through frequency and severity of adverse events

Results
Demographics and Baseline
Five pediatric patients, 2 female and 3 male, age between 6.9 and 11 years at baseline (BL; median age 9.8 years).
- Time since onset ranged from 1.7 months to 5 years.
- Patients carried one of the following mutations, G3460A (Figure 2) T14484C (Figure 3) G11778A (Figure 1) A14495G (Figure 4).
- Best VA at BL ranged between 0.16 to 2.0 logMAR (median 0.94 logMAR)
- For all patients, Nadir occurred at BL for at least one eye

Time in Treatment
- Median time in treatment was 33.64 months, range between 6.8 to 40 months

Change in Visual Acuity
- Median best VA at last visit (LV) was 0.8 logMAR (range -0.18 to 1.36).
- Magnitude of recovery 2 to 9 ETDRS lines at first observation of clinically relevant recovery (CRR), which increased to 4 to 12 ETDRS lines by LV.

Safety
- No new safety signals were observed

Discussion

Patient 1
The most recent eye deteriorated to a Nadir despite treatment with idebenone for nearly 4 months. With maintained treatment both eyes improved although at a different rate and with different magnitude.

Patient 2
Patient showed an initial (erratic) improvement over the first 12 months but deteriorated (albeit therapy) back to BL levels over the next 2 years. VA never deteriorated to off-chart.

Patient 3
This patient showed a positive response after the first 3 months of therapy which normalized the VA after 25 months of treatment.

Patient 4
A rare mutation carrier with a moderate visual function loss and a fast and progressive response, resulting in normalization of VA after approximately 3 months on treatment.

Patient 5
Treatment was started after 4 years since disease onset. Visual deterioration was very asymmetric and VA in the worst eye showed a temporary improvement (artificial?); Overall, VA was maintained at initial levels.

Dose in LHON pediatric population
The safety and efficacy of Raxone in LHON patients under 12 years of age have not yet been established.

Pharmacokinetic data from population pharmacokinetic studies, which included pediatric Friedrich’s Ataxia patients of age 8 years and above, did not reveal any significant differences in the pharmacokinetics of idebenone. In clinical trials in Friedrich’s Ataxia, 32 patients between the ages of 8 and 11 years and 91 patients between the ages of 12 and 17 years received idebenone at a 900 mg/day for up to 42 months[3].

The data presented here indicates that the safety profile of idebenone is not different from that observed in adolescents and adults and VA in pediatric patients as young as 7 years of age can improve/prevent deterioration to off-chart VA with idebenone.

Conclusions
- No additional safety signals specific to paediatric population were reported from use in this small number of patients below age 12†
- Treatment with idebenone can result in both stabilization of good residual VA and relevant recovery of lost vision in some patients.
- In some eyes/subjects the beneficial effect can continue to progressively improve even after 30 months of therapy. None of the eyes treated deteriorated to off-chart VA over the observation period.

These data indicate that long-term idebenone treatment could be a safe and efficacious therapeutic approach in pediatric LHON patients.

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Conflicts of interest
Xavier Llòria and Magda Silva are regular employees of Santhera Pharmaceuticals (Switzerland) Ltd. Thomas Klopotzek has been investigator in Santhera sponsored trials, has served on the advisory board and received speaker honoraria from Santhera. Bettiina von Livonius has received speaker honoraria from Santhera.

References
6. Insufficient data from controlled studies still exist with Raxone in LHON pediatric patients to date.

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Results of this real-world program with idebenone in LHON pediatric patients suggest:
- Treatment of visual impairment in adolescent and adult patients with idebenone has been shown to be efficacious and safe in a large proportion of adult patients, but pediatric data is limited.
- The safety and efficacy of Raxone in LHON patients under 12 years of age have not yet been established.
- Pharmacokinetic data from population pharmacokinetic studies, which included pediatric Friedrich’s Ataxia patients of age 8 years and above, did not reveal any significant differences in the pharmacokinetics of idebenone. In clinical trials in Friedrich’s Ataxia, 32 patients between the ages of 8 and 11 years and 91 patients between the ages of 12 and 17 years received idebenone at a 900 mg/day for up to 42 months.
- The data presented here indicates that the safety profile of idebenone is not different from that observed in adolescents and adults and VA in pediatric patients as young as 7 years of age can improve/prevent deterioration to off-chart VA with idebenone.

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